



2019 Asia Cup World Ranking Tournament Stage 1

Training Schedule



26 March 2019 Compound Training (Target 1-8)

08:00-10:00 am (MAS , MGL, SIN , SRI, TPE)

10:00-12:00 am (HKG, PHI, RUS, THA)

14:00-16:00 pm (BAN, IRI, KAZ, LAO)

16:00-18:00 pm (INA, IND ,MYA, VIE)

27 March 2019 Recurve Training (Target 1-8)

08:00-10:00 am (HKG, MGL, SRI, KOR, TPE)

10:00-12:00 am (MAS, NEP, PHI, QAT, RUS, THA)

14:00-16:00 pm (BAN, IND, KAZ, VIE)

16:00-18:00 pm (CHN, INA, KSA, LAO, MYA, NZL)